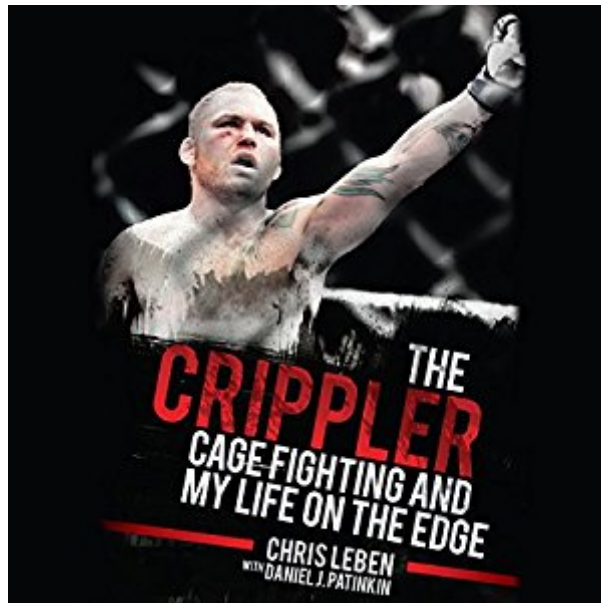


The book was found

# The Crippler: Cage Fighting And My Life On The Edge



## Synopsis

It takes a certain kind of person to do whatever is necessary to make a living as a mixed martial arts fighter. And it takes another kind of person to stand out from all the rest as both a wild man and a rock star. Chris Leben, otherwise known as "The Crippler", is that kind of person. Leben's reputation started when he appeared on the inaugural season of The Ultimate Fighter, a reality show and competition where hopeful fighters live together and vie for a UFC contract and a path to greatness. He quickly made a name for himself with his controversial and abrasive behavior. During his subsequent 10-year career in ultimate fighting, Leben became one of the most recognized figures in the sport, enthraling audiences around the world with his wild, headfirst style of fighting as he took on some of the world's best fighters, including Anderson Silva, Yoshihiro Akiyama, and Wanderlei Silva. But Leben's success in the ring and international fame hid a troubled background. Abandoned by his father at a young age, Leben's mother worked long hours to raise him and his two siblings, and Leben learned early he had to be tough to fend for himself. For most of his life, Leben struggled with alcohol and narcotics, and he was suspended by the UFC for nine months for testing positive for performance-enhancing drugs. The Crippler is not just an exciting account of his rise to prominence within the UFC; it's the incredible story of a renowned wild man dealing with his personal demons and learning that the toughest opponent is always yourself.

## Book Information

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## Customer Reviews

What a surprise!!! Heard about this book while eavesdropping in the gym..there was a lot of buzz

about "The Crippler ". I went to and read about it and promptly ordered one for myself. I COULD NOT PUT THIS BOOK DOWN. I expected it to be about MMA as blood sport, i.e. another dull expose'....NO, it was more about the humanity (and sometimes the endured inhumanity) of this fighter's life--his struggles, his addictions, his triumphs, his hard-to-believe-but-true life experiences--it is about more than just a jaw-breaking uppercut or a kick-to-the-head(although there are many of those), its a great read. Prepare to be "knocked out" by this AWESOME book.

Chris Leben was one of the polarizing fighters / contestants in the Ultimate Fighter season 1, who had a decent UFC fight career. His life and career has a lot of ups and downs and this book is basically a life biography on his hardships. It's an easy read and it's a great book on what it takes to be a fighter and what not to do as a fighter. It's a hard look at what happens when you have a hard upbringing and what the end result could be. This is for fans of fighting and really fans of Chris Leben who has some incredible stories. I picked this book up because I wanted to support Leben especially as he moves from his fighting career, fixing his life and finds a new career outside of fighting.

Once again Dan Patinkin brings the noise AND the funk with his cagetastic tale of Chris Leben's unreal life experiences as an MMA fighter and beyond. If you like MMA and you like words on a page, "The Crippler" belongs in your life.

This is a fantastic window into the inner industry workings and challenges, both personal and professional, that Leben experiences. Raw, engrossing, and hard to put down. But if you decide to read it over a longer period of time, it's digestible to read 1 chapter at a time, without feeling like you forgot/lost your place.

Wow. This book was honest, revelatory, fun and impossible to put down. I learned a lot not just about Chris Leben and MMA but about the internal life of someone from incredibly adverse circumstances. I have the feeling that people will see more of themselves in Chris's story than they'd care to admit, though in Chris's case the demons are born of things that would derail most people before they got started. So many of the themes of the book are universal - trying to transcend one's past to build relationships, external competition vs. internal demons, the individual vs. the corporation, how the professional and the personal are intertwined. It's rare that a book is so unflinching in its look at a person's real life. It's like a window into someone's soul. Keep fighting

Chris Leben.

I read this book in a weekend and that is rare for me these days. I am an MMA fan, but Chris was fighting before I was a regular viewer. I have seen him fight, but didn't know much about the man. MMA is a scary business for the fighters and doesn't pay as well as you might imagine. Chris loved to fight and loved to party. It's not common that someone can pull both off at the same time. He obviously has a great appetite for experiences and that is what makes his story so fascinating.

I recommend this book to any fan of mma. Once I started reading this book I could not put it down. After watching TUF 1 I was not a fan of chris' but I found myself looking forward to his fights so when this book came out I couldn't wait to read it. I definitely have a different view of Chris. All in all a good book.

In the past couple of weeks, I've read some new books written by my favorite authors - Jeffery Deaver, Ben Coes, Brad Thor and Brad Taylor. I love the black ops, American hero books. I can't wait for Daniel Silva's new book this week. In between, I grabbed this book as I was always fascinated by watching Chris in the ring. I simply could not put it down. It was very very well-written by Daniel Patinkin. But the brutal honesty and openness displayed by Chris was overwhelming. Read this book. Support Chris Leben

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